## ASSESSMENT: HOW BELIEVING IN Q'ANON IS AFFECTING YOUR LOVED ONE

- 1. How long have they been involved with this movement? (Duration)
- 2. How much time and money do they spend preoccupied with the cult of Q on a daily/weekly/monthly basis? (Frequency)
- 3. What was happening in their life when they got involved with Q?
- 4. What personality changes have you observed since they have been involved?
- 5. What behavior changes have you observed since they have been involved?
- 6. Why do you think that your loved one stays involved with this movement?
- 7. What needs do you think the Q movement is meeting for your loved one?
- 8. What is the Q movement about for them? What do they believe is Q's mission or purpose?
- 9. Are you confused about some of the unusual beliefs of the cult of Q? If so, can you share some of this confusion with your loved one?
- 10. What does your loved one believe will happen if they leave the Q movement?
- 11. How has your loved one's involvement with Q affected you and your relationship with them?
  - If possible, share how you feel about their involvement with Q...
- 12. What do you think it will take for your loved one to begin to look more realistically and critically at the cult of Q?